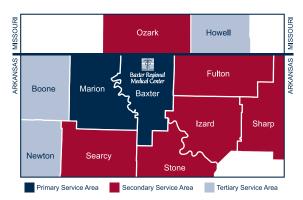
TO MAKE A HEALTHIER OZARKS SPRING 2019



Baxter Regional Service Area

Baxter Regional Medical Center (BRMC), located in Mountain Home, Arkansas, serves patients from a two-state, 11-county area throughout north-central Arkansas and southcentral Missouri. In addition to the main hospital facility, BRMC operates fifteen area clinics.



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The Regional Medical Center Publication



Baxter Regional Launches Telemedicine App

Baxter Regional Medical Center is proud to announce the release of a new app for Arkansas and Missouri residents called Baxter Regional

CARE, which offers patients 24-hour video access to a medical professional for urgent care needs. The app allows patients to connect with a healthcare provider quickly via computer, smartphone or tablet. Providers can assess, diagnose and treat the patient's condition as well as prescribe medication (if it is needed).

During the video visit, providers can evaluate common conditions including flu, sore throat, urinary tract infection, bronchitis, common cold, pink eye, seasonal allergies, cold sores, ear infection, migraine headache, rashes, sinus infection, strains and sprains. The app is free to download on the Apple App Store, Google Play Store or by visiting www.baxterregionalcare.com. Each visit is only \$69 (half the price of most walk-in urgent care centers) and is billed at that flat rate to the credit card of your choice just prior to the visit.

At this time, the Baxter Regional CARE's ondemand urgent care service does not accept insurance, but the organization hopes to explore that possibility in the future. Once you have downloaded the app, you will have your choice of providers. When available, local physicians and APRNs that are participating in providing care via the telehealth app will always rise to the top when they are online seeing patients. In addition to local providers, the app is staffed with a team of board certified physicians, licensed to deliver quality care when you need it most. This online care group allows the app to function without delay, 24 hours a day, 7 days a week, 365 days a year. "A year in the making, BRMC is proud to make Baxter

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Randy Hopper Joins Hospital Board



Baxter Regional Medical Center extends a warm welcome to the newest Hospital Board member Randy Hopper. With a marine industry background spanning close to a half century, Randy is regularly recognized for raising the bar of excellence in

fishing boat design, development, and production. He joined Ranger® Boats just after the company's 1968 startup and went on to serve as plant manager, VP Manufacturing, VP Engineering, and President/ CEO, growing the industry's most legendary boat brands to even stronger positions of reputation and market share.

Today, Randy continues that legacy of leadership as CEO of Vexus[®] Boats in Flippin. His depth and understanding of the trailerable fishing boat industry brings a rare perspective to management, heavily reinforcing the company's strong commitment to exceeding customer expectations through revolutionary product advancements including best-in-class performance, service, and support standards.

Randy's diligence has led him through a successful career with many opportunities to serve on a variety of boards, including the American Boat & Yacht Council Technical Board, the National Marine Manufacturers Association Board of Directors, and the Associated Industries of Arkansas Board. He has also been inducted into the Arkansas Outdoor Hall of Fame. Randy is proud to now be a part of the Baxter Regional Medical Center family.

He serves as a deacon and worship leader at First Baptist Church of Flippin. He and his wife, Brenda, have been married for 44 years. They are blessed with two married daughters, sons-in-law, as well as



RN Residency Program

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six wonderful grandchildren.

Baxter Regional Named 2019 Top 50 Best for Cardiac Surgery

Once again, Baxter Regional Medical Center is honored to have been recognized as One of Healthgrades® America's 50 Best Hospitals for Cardiac Surgery™ in 2019. This announcement is according to this year's evaluation from Healthgrades, the leading online resource for comprehensive information about physicians and hospitals. Every year, Healthgrades evaluates hospital performance at nearly 4,500 hospitals nationwide for 34 of the most common inpatient procedures and conditions. BRMC is proud to have received this award for five consecutive years, making this hospital the only one in Arkansas to achieve this level of care and success.

"Hospitals that have achieved recognition for their quality outcomes prove their commitment to their patients and their community at large," said Brad Bowman, MD, Chief Medical Officer, Healthgrades.



Baxter Regional Medical Center

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Baxter Regional Team Members Honored with Awards

After receiving care at BRMC, many of our patients ask if they can express their thanks in some way. They may have noticed the special attention of a nurse, physician, therapist, technician, food service worker, volunteer, housekeeper or other caregiver during their stay or visit, and wish to express their gratitude. By making a tax-deductible gift to support Baxter Regional Medical Center, donors become a partner in our mission to improve the health of people and the communities we serve. Heroes with Halos receive a personal visit from the BRMC Senior Leadership Team and are presented with a certificate of appreciation along with a special badge holder. Baxter Regional has awarded nine certificates in the first quarter of 2019 with many more nominations and stories.

For more information or to nominate an employee, physician, or volunteer who made a difference, please call the Foundation office at (870) 508-1770 or visit www.baxterregional. org/foundation/heroes-with-halos/.

Baxter Regional Medical Center recently honored Dawn Tullis, RN, Sue Schmitt, RN, BSN, Gisel Stone, RN, and Trieneke Shrable, RN with The DAISY Award for Extraordinary Nurses. These awards are part of the DAISY Foundation's program to recognize the super-human efforts nurses perform every day. The kind of work the nurses at BRMC are called to do epitomizes the purpose of The DAISY Award. "We are proud to be among the healthcare organizations participating in the DAISY Award program," said Shannon Nachtigal, MSN, RN, VP/Patient



Dawn Schraeder, PT, Acute Inpatient Rehab, was one of the nine BRMC team members to be presented a Heroes with Halos Award in the first quarter of 2019. She was nominated by a patient who said, "Dawn was an angel at the perfect time in my healing process." Congratulations, Dawn!

Care Services and Chief Nursing Officer. "Nurses are heroes every day. It's important that our nurses know their work is highly valued, and The DAISY Foundation provides a way for us to do that." Nurses may be nominated by patients, families and colleagues, and they are chosen by a committee at BRMC to receive The DAISY Award. Each honoree receives a certificate and a beautiful sculpture called The Healer's Touch, handcarved by artists of the Shona Tribe in Africa.

For more information, visit www.baxterregional. org/medical-services/nursing/recognition/.

Masquerade Ball Raises Over \$40,000 for Baxter Regional

The 5th annual Masquerade Ball was Saturday, February 9 at the Vada Sheid Community Development Center. A big thanks goes to all the 2019 sponsors, attendees, silent auction donors, featured band Tragikly White and the dedicated Baxter Regional Hospital Foundation board members, staff and volunteers for raising over \$40,000. Their commitment and generosity raises not only funds but also awareness for the four Baxter Regional Medical Center Community Health Education and Support Houses: Mruk Family Education Center on Aging, Peitz Cancer Support House, Reppell Diabetes Learning Center and Schliemann Center for Women's Health Education.

> Save the date for the 6th Annual Masquerade Ball on Saturday, February 8, 2020.





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Baxter Regional Welcomes New Providers



Jessica Johnson - Family Nurse Practitioner

Advance Practice Registered Nurse Jessica Johnson joins our family at the Fairlamb Senior Health Clinic. Jessica grew up in Pine Bluff, Arkansas, and graduated with a Bachelor of Science in Nursing from Arkansas State University, Jonesboro. She continued her education at University of Arkansas for Medical Sciences and earned a Master of Science in Nursing as a Family Nurse Practitioner.

Jessica has found her passion to help improve the health of patients and also enjoys volunteering in her community. Jessica also loves to read and hike with her husband, Matthew, and their two furry dogs, Connor and Nancy.



Amanda Martin - Family Nurse Practitioner

Advance Practice Registered Nurse Amanda Martin is a native of our community and a Mountain Home High School graduate. She earned a Bachelor of Science in Nursing from the University of Arkansas at Fort Smith, graduated with honors and was accepted into the Sigma Theta Tau International Honor Society. For the next several years, she worked as an emergency department and urgent care nurse in Mississippi before continuing her education at the University of South Alabama in Mobile. She earned a Master of Science in Nursing and graduated with honors.

Amanda most recently served as a nurse practitioner specializing in obstetrics and gynecology in Jackson, Mississippi, before relocating with her two sons back to Mountain Home. She is now accepting new patients at Baxter Regional Family Clinic on Market.



Cheyenne Morgan - Physician Assistant

Physician Assistant Cheyenne Morgan has joined the staff of Dr. Win Moore at the Baxter Regional Bone & Joint Clinic. Cheyenne was raised in Cabot and attended the University of Arkansas at Little Rock and Harding University. She is certified by the National Commission on Certification of Physician Assistants (NCCPA). She is specialized in orthopaedics and osteoporosis and is excited to bring her love for both to the Twin Lakes area. Cheyenne and her husband, Paul, along with their Blue Heeler, Jack, are eager to explore North Central Arkansas by river and bike.



Kirsten Peterson - Family Nurse Practitioner

Kirsten A. Peterson, a Doctor of Nurse Practice and Advance Practice Registered Nurse, has joined the staff of Baxter Regional Family Clinic on Market. Kirsten earned a Bachelor of Science in Nursing from the University of Arkansas at Fayetteville and then worked as a Registered Nurse at CHI St. Vincent in Little Rock for nearly 4 years. She earned a Master of Science in Nursing and then a Doctor of Nursing Practice from the University of South Alabama in Mobile.

Kirsten is committed to providing excellent patient-centered care and is now accepting new patients at Baxter Regional Family Clinic on Market.

Inpatient Rehab Remodel Now Complete

employees.

The Acute Inpatient Rehabilitation Unit remodel was officially completed and includes Baxter Regional's first in-house, extended Baxter Regional Medical Center gives thanks to everyone who made this a possibility, from donors to contractors, as well as BRMC





What to find out about upcoming BRMC events or current programs?

Visit www.baxterregional.org/events.

Summer Classes at the Schliemann Center for Women's Health Education

Baxter Regional's Schliemann Center for Women's Health Education is proud to offer summer classes to children of our community. **Safe Sitter® Babysitting Classes** are designed to prepare students in grades 6-8 to be safe when they're watching younger siblings or babysitting. The classes will be led by Brittany Kullman, RN, Cline Emergency Center. Students get to use manikins to practice CPR and skills such as choking rescue. Safe Sitter[®] will cost \$35 per student with several dates to choose from; June 5 & 6, 19 & 20, July 10 & 11, 24 & 25, and August 7 & 8.



SAFESITTER

This summer, the Schliemann Center will also offer crafting classes every Friday, **Getting Creative with Gladys**, to help ladies of all ages learn how to cross stitch, scrap book, tie dye, distress jeans, and many more fun projects. This class offers a different activity every week. To register for either of these classes, or for more information please visit www.baxterregional.org/events, or call (870) 508-2345.



Pink for Peitz Rodeo is August 9-10

The 9th annual Pink for Peitz Benefit Rodeo will be Friday, August 9 and Saturday, August 10 at the Saddle Club Arena in Mountain Home. The Arkansas Family Rodeo (AFR) presented by Rand Rodeo Company includes popular events such as bronc riding, calf roping, team roping, barrel racing, goat untying, bull riding and mutton busting for kids. The celebrated Chicks-n-Spurs Drill Team will perform and a Cancer Survivors' Ceremony will be held each evening. Food and drinks will be available at the event.

stay apartments. The importance of these two apartments is allowing patients to have more opportunity to do things as they will at home but also have the peace of mind knowing help is close by if needed. The apartments were only part of a larger campaign to update the unit. Baxter Regional Hospital Foundation raised \$1 million toward the cost of this project, including a generous \$500,000 gift from the BRMC Auxiliary.

"It was a great campaign, and the unit is just beautiful. It's been more than 20 years since it's been remodeled, so it needed a facelift. What we try to do with patients in the inpatient rehab is get them back to living a normal life in society," said Barney Larry, executive director of Baxter Regional Hospital Foundation.

Through the Foundation's capital campaign to remodel the unit, patient rooms were updated with the help of gracious donors.

Baxter Regional appreciates the leadership of the unit's construction team, including (from left) Marshall Campbell, Director, Engineering; Brandon Ellison, Manager, Facilities Management; and Robert Rogers, Project Coordinator/Supervisor, Facilities Management. In addition to the rodeo events, the community will be able to support the Peitz Cancer Support House by participating in a silent auction, 50/50 split drawing at the event and mechanical bull rides sponsored by James Boyett State Farm Insurance. There will also be carousel pony rides provided by Bar None Cowboy Church on Friday and Saturday as well as tug of war contests on Saturday beginning at 6:15 pm. Raffle tickets for a custom belt buckle designed for the Pink for Peitz Rodeo are available now and at the event for \$5 per ticket.

For complete details, visit pinkforpeitz.org or call the PCSH at (870) 508-CARE (2273).

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4 THRIVING TOGETHER TO MAKE A HEALTHIER OZARKS

RN Residency Program, Building a Strong Nursing Foundation

Baxter Regional Medical Center RN Residency is proud to welcome new members into the program, who serve in a variety of nursing units. The program offers a yearlong pledge providing support and evidence-based professional development to newly graduated registered nurses. The residency is well equipped with learning plans, advanced training such as ACLS, PALS, and Crisis Prevention and much more, as well as real life applications.

During the course of the program, residents have the opportunity to build relationships with those they may work with in the future. BRMC offers fulltime paid positions to those whose career interests match a particular unit. Baxter Regional RN Residency's goal is to hire nurse graduates seeking to build a strong nursing foundation.



Planned Giving, How Helping Others Helps You

What is a deferred gift? A deferred gift is one that is made in the future, typically when the donor has passed away. There are many ways to give a deferred gift, some of which may include donating in a will or trust a gift of a specific dollar amount, percentage, or even a particular asset. Another form of deferred gifting is to name Baxter Regional Hospital Foundation as beneficiary of a retirement plan or life insurance policy without having to change a will. The Foundation staff is happy to assist with any questions or planning needs.

Did you know you can receive fixed payments for life by making a contribution to the Foundation?

The Charitable Gift Annuities can provide risk free income. A gift of stock, real estate, or cash to the Foundation gives the security of lifelong payments which are not subject to market risk. The age of the donor is the determining factor of how much income is received. The American Council on Gift Annuities sets the rates and is locked in when the gift is made and will never change. It pays to support Baxter Regional Medical Center through the Foundation along with the satisfaction of knowing that

of knowing that gift is helping to make someone else's life better.



For more information about deferred giving or gift annuities, please call the Foundation at (870) 508-1770 or visit www.baxterregional.org.

Bargain Box Thrift Shops in Need of Donations

Did you know? Mountain Home and Flippin Bargain Box Thrift Shops are in need of donations! Both locations are accepting clothing and miscellaneous items such as books, shoes, purses, jewelry, kitchen appliances, knick knacks, etc. All donations are tax deductible and can be dropped off at either of the

thrift shops or the Baxter Regional Volunteer Services office. Pick up is also available! Call (870) 508-1064 for more information. Thank you in advance for supporting BRMC Auxiliary projects! Proceeds benefit programs and equipment needs of your community hospital.

2018 Auxiliary Highlights

The Baxter Regional Medical Center Auxiliary was able to make a remarkable difference last year. Auxiliary memberships were up to 500 with total volunteer hours for the year of 84,030.

The Arkansas Hospital Auxiliary Association awarded Baxter Regional the 5 Star Award of Excellence as well as their North Central District

Community Service Award for the collection of cleaning and hygiene items for Care Center Ministries.

In conjunction with the Bargain Box Thrift Shops, Pink-A-Dilly Gift Shop and other fundraisers, the Auxiliary was able to raise over \$470,000 for a multitude of projects throughout the hospital. Other projects include the Corporate Volunteer Program, Look Before You Lock: Child Car Safety, Christmas Gift Wrap, and many more. Baxter Regional Medical Center is always welcoming to anyone who would like to be an Auxiliary member. Apply online today at





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RDLC: Let's Get Cooking!

The Reppell Diabetes Learning Center of Baxter Regional Medical Center is proud to offer a series of **free monthly cooking classes.** The series kicked off on January 23 with Let's Get Cooking: Healthy Slow Cooker Recipes. These classes will continue throughout the fall. There is a class scheduled once a month with a different theme each time. Let's Get Cooking: Sizzle & Smoke will be the theme for June's scheduled class followed by Tasty Budget Friendly Meals in July.

Space is limited, and registration is required. Enroll online today at www.baxterregional.org/ events, or call the RDLC at (870) 508-1765 to reserve a spot. For more information on this event and others offered by the RDLC, please contact Jodi Bodenhamer, RN, CDE, at jbodenhamer@ baxterregional.org.



Dementia Friendly Business Program is Making a Difference

The Mruk Family Education Center on Aging offers a Dementia Friendly Business program to businesses throughout the Twin Lakes area. This program helps organizations heighten awareness of dementia among their employees and equips them to respond warmly and effectively when serving customers living with dementia as well as their families.

Congratulations to Integrity First Bank Mountain Home for participating in the training and successfully becoming a Dementia Friendly Business!

They received a window cling to display on their front door that indicates their business as a safe and welcoming place for people living with dementia and their caregivers. They will also be added to #TEAMMRUK Caregiver Resource Directory as a Dementia Friendly Business.

www.baxterregional.org/volunteers.

Baxter Regional Launches Telemedicine App

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Regional CARE a reality," said Ron Peterson, Baxter Regional Medical Center President / CEO. "Today, we're just very pleased and honored to be able to announce to the community they can now have access, 24 hours a day, seven days a week, 365 days a year, to urgent care on their device through Baxter Regional CARE."

For more information, please visit www.baxterregionalcare.com.



Baxter Regional Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-870-508-7770.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-1-870-508-7770.

For more information about this training and other dementia resources in our community, call Diahanne VanGulick, MFECOA Coordinator, at (870) 508-3880.



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