

The Regional

A BAXTER REGIONAL MEDICAL

CENTER PUBLICATION

THRIVING TOGETHER

TO MAKE A HEALTHIER OZARKS

FALL 2018



Opening of the BRHS Hometown Clinic at West Plains

Baxter Regional is now proud to serve West Plains and surrounding communities! We hosted a Grand Opening celebration on Tuesday, August 7 for the new Baxter Regional Health Systems Hometown Clinic at West Plains. Community members came by to meet the staff, enjoy burgers and hot dogs, and tour the new clinic.

The Hometown Clinic at West Plains opened August 9, and providers Dr. James Thompson and Lesa Kerley, APRN, are now accepting patients of all ages. Call (417) 256-3717 for more information or to schedule an appointment.



Dr. James Thompson and Lesa Kerley, APRN, are joined by clinic staff and BRMC representatives Mike Beam, Barney Larry, and Debbie Henry for the Open House at the BRHS Hometown Clinic at West Plains.

Breaking Ground at Mountain View

A groundbreaking ceremony was held on June 1st at the site of the new Baxter Regional Health System Hometown Clinic at Mountain View, the practice of Dr. Eric Spann and Charles Grinder, APRN. By early September, the construction team had tested the structural integrity of the soil, poured a footing, and finished the plumbing for

the new and improved clinic that will be built next door to the current facility. Baxter Regional is excited for the future of this and other developments in our healthcare system, and to continue serving Mountain View and surrounding communities. Call (870) 269-3447 for more information or to schedule an appointment.



Dr. Eric Spann speaks to staff and community members at the Groundbreaking Ceremony for the BRHS Hometown Clinic at Mountain View.



Eric G. Spann, MD
Board certified in family medicine.



Charles Grinder, APRN
Nurse practitioner specializing in family medicine and wound care management.

Employee Fund Drive

To many BRMC employees, being a part of our mission of providing excellent care for every patient, every time means more than just a paycheck. **With the annual Employee Fund Drive, our employees help make a difference in the lives of many individuals and their families.** Since the Employee Fund Drive (EFD) began in 2001, the remarkable employees of BRMC have pledged over \$1.8 million to support our projects, many of which are funded solely by the EFD.

This year's Employee Fund Drive Kick-off was held on Tuesday, April 3. To commemorate our 18th annual Employee Fund Drive, 64 prizes were given away – all donated by area businesses to support our employees.

This year we had 1,157 employees – 78% of our staff! – participate in the EFD. In total, they pledged \$152,217, and 100% of all money donated will go to the following causes:



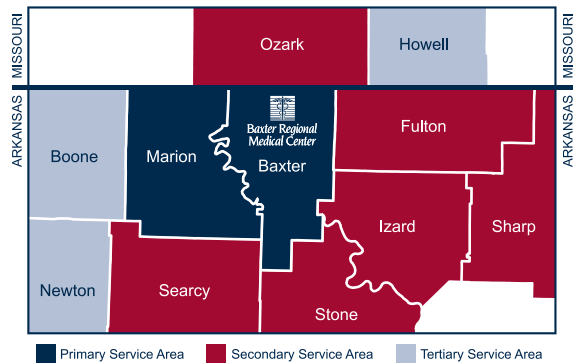
This year's EFD raised \$15,000 for Friends Fund, which provided medication assistance to 212 patients last year.

- Employee Crisis Fund (on average 50 employees assisted each year with an actual crisis!)
- Friends Fund (helps between 200 & 300 people)
- Employee Children & Grandchildren Scholarship Fund (we give out between 20 & 40 \$1,000 scholarships each year)
- Mountain Home Christian Clinic

continued on page 4



Baxter Regional Medical Center



Baxter Regional Service Area

Baxter Regional Medical Center (BRMC), located in Mountain Home, Arkansas, serves patients from a two-state, 11-county area throughout north-central Arkansas and south-central Missouri. In addition to the main hospital facility, BRMC operates fifteen area clinics.



CHECK OUT OUR VIDEOS

[YouTube.com/BaxterRegional](https://www.youtube.com/BaxterRegional)
STORIES, INTERVIEWS AND MORE!

INSIDE

- 2 Behavioral Health Check-Up Masquerade Ball... Save-the-Date!
Well-Deserved Recognition
- 3 2018 New Physicians
- 4 Bargain Box 10-Year Anniversary
10 Years of Service, Cathie Bodenhamer
Start Your BRMC Career Today



Behavioral Health Check-Up

Seven months ago, the Baxter Regional Adult Behavioral Health Center opened at BRMC, providing mental health treatment for patients 18 and older. This 16-bed inpatient facility on the third floor of BRMC offers behavioral healthcare, medication management, and individualized treatment plans in a confidential, secure environment.

Before the unit opened on April 4, young adults facing a crisis such as intense depression, anxiety, a bipolar episode, or suicidal thoughts had no other option than to go to facilities in Batesville, Little Rock, Fayetteville or West Plains. The presence of this facility in the community has made a huge difference by reducing the travel time for adults in need of mental health care.

A recent project taken on by Baxter Regional Behavioral Health (BRBH) was a local youth outreach in the form of an art contest. BRBH hosted a competition for students from several local school districts, where submissions were based on Project Semicolon (Your Story Is Not Over). Project Semicolon is a national nonprofit organization dedicated to suicide awareness and prevention. Local students were given the chance to learn about the organization's work and submit inspiring artwork based on important mental health themes. In tandem with this art contest, BRBH also held a behavioral health event at the hospital on Monday, September 24 to provide the community with information from behavioral health professionals on both mental health topics and their 16-bed inpatient facility.

If you or a loved one is struggling with mental health issues, ask your physician about Baxter Regional Adult Behavioral Health Center, or call (870) 508-3400.



Whose life will you help save?

- 860,000 MILES TRAVELED TO REACH YOU
- 172 OIL CHANGES TO RUN AS SMOOTHLY AS OUR CREWS
- 11,315 DAYS IN SERVICE
- 26 NEW SETS OF TIRES TO CARRY OUR TEAM FURTHER
- AWARD-WINNING EMERGENCY CARE
- 10,432 LIVES IMPACTED

Please consider a tax deductible donation to help purchase two new BRMC ambulances.
YOU CAN HELP SAVE A LIFE IN OUR COMMUNITY
 Learn more and give online today at www.baxterregional.org/ambulance

Baxter Regional HOSPITAL FOUNDATION
 (870) 508-1770



#GivingTuesday - November 27th

On #GivingTuesday, communities worldwide come together for one common purpose: to celebrate and encourage giving. On Tuesday, November 27 following Thanksgiving and the widely recognized shopping events Black Friday and Cyber Monday, #GivingTuesday will kick off the charitable season, when many focus on their holiday and end-of-year giving. Baxter Regional Medical Center has joined the initiative and would love your support for the 2018 Lend-a-Hand campaign.

All donations will benefit the four Community Health Education and Support Houses: Mruk Family Education Center on Aging, Peitz Cancer

Support House, Reppell Diabetes Learning Center, and Schliemann Center for Women's Health Education. The Lend-a-Hand Campaign will continue throughout the remainder of 2018, but any donations received or postmarked on Tuesday, November 27 will be matched thanks to a generous BRMC donor!

For more info, contact Cindy Costa, CFRE and Director of Development for the Baxter Regional Hospital Foundation, at (870) 508-1779 or ccosta@baxterregional.org.

#GIVINGTUESDAY™

Masquerade Ball... Save-the-Date!

February 9, 2019

You are invited to attend the 5th Annual Lend-A-Hand Masquerade Ball, a fundraiser benefiting the Baxter Regional Medical Center Community Health Education and Support Houses: Mruk Family Education Center on Aging, Peitz Cancer Support House, Reppell Diabetes Learning Center and Schliemann Center for Women's Health Education.

More than 16,000 people pass through the four Community Health Education and Support Houses each year, where the majority of the services and programs are offered free of charge.

The annual Lend-A-Hand campaign and fundraisers like this event ensure that the many free services of these community houses continue to be a mainstay in the Twin Lakes area.

Thanks in advance for your support!

World Diabetes Day - November 14th

This year, Reppell Diabetes Learning Center will be celebrating the World Diabetes Day theme "Diabetes Concerns Every Family" with a fun filled and family centered program on Wednesday, November 14 from 10 a.m. – 3 p.m. for adults and 3 – 6 p.m. for kids and families in the BRMC Lagerborg Dining Room. Special guest speakers, diabetes vendors, games, and prizes will be on the agenda as we celebrate, educate and empower those with diabetes and their families. Registration is required, so please call (870) 508-1765 today!



Well-Deserved Recognition

Baxter Regional Hospital Foundation has recently combined two of its employee recognition programs, Heroes with Halos and The DAISY Award for Extraordinary Nurses. Now, when you nominate a nurse at Baxter Regional Medical Center for Heroes with Halos, they will automatically be nominated for The DAISY Award for Extraordinary Nurses.

The Heroes with Halos award honors a physician, nurse, volunteer, or staff member who made a difference in your stay, and The DAISY Award is an international program that honors the compassionate care and clinical excellence that nurses bring to their patients every day. Both awards recognize members of the BRMC family who have made an impression on patients and coworkers with

their unwavering commitment to treating every patient with the utmost dignity and compassion.

Two DAISY Award winners will be picked quarterly from the Heroes with Halos based on stories submitted by patients. Winners receive special recognition, the DAISY Healer's Touch sculpture, and Cinnabon® Cinnamon Rolls for their department.



For more information about this or any Baxter Regional Hospital Foundation program, contact Cindy Costa, CFRE, Director of Development, at (870) 508-1779 or ccosta@baxterregional.org.





Baxter Regional Medical Center

2018 New Physicians

Baxter Regional Medical Center has added these seven physicians to our medical staff in 2018, and we welcome them to our community and our

hospital. We are proud of the growing number of specialties available at BRMC!



Cathy Clary, MD – Board Certified Family Medicine Physician North Central Medical Associates, (870) 425-3131

Dr. Cathy Clary is a board certified family medicine physician and diplomate of the American Board of Family Medicine. She attended medical school at the University of Arkansas for Medical Sciences and completed a family medicine residency at UAMS Area Health Education Center Northwest before relocating to her

hometown of Harrison, where she practiced for twenty-two years at Family Doctors Clinic. Dr. Clary and her husband Bobby have wanted to relocate to the White River for years, and with their children grown, the time was right. They enjoy a multitude of outdoor activities, from hunting and fishing to kayaking and live music events.



Allan Gocio, MD - Board Certified Neurosurgeon BRMC Neurosurgery & Spine Clinic, (870) 508-7080

A native Arkansan, Dr. Allan Gocio has practiced in Missouri, Illinois, Kentucky, and most recently returned to Little Rock as Assistant Clinical Professor of Neurosurgery at UAMS and as Neurosurgery Section Chief of the Central Arkansas Veterans

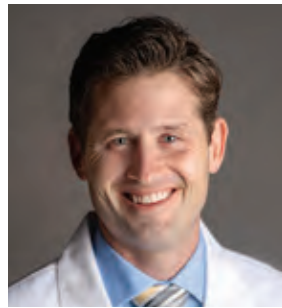
Healthcare System. Dr. Gocio began working part-time at BRMC Neurosurgery & Spine Clinic earlier this year, but due to high demand for Neurosurgery services, he has now joined us full-time. He and his wife, Danette, have a home in the Lakeview community.



John T. Leslie, MD – Board Certified Family Medicine Physician BRMC Family Clinic, (870) 425-6212

A native Arkansan, Dr. Leslie attended medical school at University of Arkansas for Medical Sciences in Little Rock and completed a family practice internship and residency at North Colorado Family Medicine in Greeley, Colorado. Returning to Harrison in 2007, Dr. Leslie most recently served as Chief Medical Officer of North Arkansas Regional Medical Center before relocating to

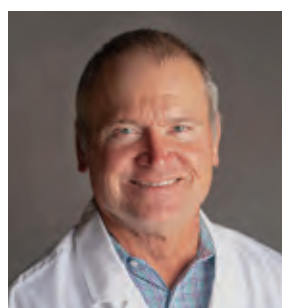
Mountain Home this summer. Certified by the American Board of Family Medicine, Dr. Leslie brings with him extensive experience in medical staff leadership as well as the full spectrum of healthcare including outpatient clinics, inpatient care, procedures, and administration. We welcome Dr. Leslie, his wife Reagan, and their two children to our community.



Malachi McCurdy, MD – General Surgeon Ozark Surgical Group, (870) 425-9120

Born and raised in a small community in central Indiana, Dr. Malachi McCurdy served on multiple medical mission trips to Kenya, Honduras, Haiti, and the Dominican Republic before graduating from Anderson University summa cum laude with a Bachelor of Arts in chemistry and biology. He attended the

Indiana University School of Medicine in Indianapolis and completed a general surgery residency at Baylor University Medical Center in Dallas, Texas. An Ironman® athlete, Dr. McCurdy enjoys triathlons, mountain climbing, hunting, fishing, and living an active lifestyle with his fiancée, Hannah.



Tom Nachtigal, MD – Board Certified General Surgeon Nachtigal & Nachtigal, MD General & Vascular Surgery, (870) 701-5051

Dr. Nachtigal is a board certified general surgeon in practice at Nachtigal & Nachtigal, MD General & Vascular Surgery. Dr. Nachtigal is a South Dakota State University graduate and attended medical school at University of South Dakota at Vermillion. He completed a general surgery residency at Saginaw Cooperative Hospitals in Saginaw,

Michigan. Board certified by the American Board of Surgery, Dr. Nachtigal is a fellow of the American College of Surgeons. He practiced in Laramie, Wyoming, for 28 years before relocating to Mountain Home to join his brother, Dr. Kent Nachtigal, in practice at Nachtigal & Nachtigal MD.



Samantha Shipman, MD – Board Certified Pediatrician Lincoln Paden Medical Group, (870) 424-3824

Dr. Shipman is a pediatrician joining the practice of Dr. Michael Adkins at Lincoln Paden Medical Group. A native of Yellville, Dr. Shipman earned a Bachelor of Science in Biology from the University of Arkansas, Fayetteville, and attended medical school at the University of Arkansas for Medical Sciences in Little Rock. She completed a pediatrics residency at UAMS and

received the 2015 W.T. Dungan Award for Excellence in Pediatrics at Arkansas Children's Hospital and the Chairman's Scholar Award at UAMS. In 2018, she received the Robert H. Fisher Award for Excellence in Primary Care and the Gordon E. Schutze Outstanding Resident Award as voted by fellow UAMS residents.



Rodney Traeger, MD – Board Certified Urologist Baxter Regional Urology Clinic, (870) 508-6020

Dr. Traeger is certified by the American Board of Urology, and he attended medical school at University of Texas Medical Branch, Galveston. He completed a general surgery residency at Scott and White Clinic in Temple, Texas and a urology residency at University of Texas Medical School at Houston. Dr. Traeger served as a

Captain in the US Army and is bilingual in English and Portuguese. He is married and has five children. He most recently served as a staff urologist at US Veterans Administration Hospital in Amarillo before relocating to Mountain Home. He will join the practice of Dr. Daniel Decker and Katie Hutchens, APRN, at Baxter Regional Urology Clinic.



COMMUNITY NEWS & MORE

What to find out about upcoming BRMC events or current programs?

Visit www.baxterregional.org/events.

Celebrating 95 Years

This year, two important people at the Mruk Family Education Center on Aging (MFECOA) celebrated 95 years of age. **Bill Cubr and Shirley Cornue** have both given their time and energy as volunteers over the years, and we are so grateful that they are part of our family. You can still find Shirley volunteering at the MFECOA center, and although Bill has retired as a volunteer, you can find him working out in the center's exercise programs. Please call MFECOA at (870) 508-3880 or email mfecoa@baxterregional.org for more info.



Bill Cubr celebrated his 95th Birthday this year. He is a former MFECOA volunteer, and he exercises at the center.



Cooking Matters

The Reppell Diabetes Learning Center (RDLC) and Mruk Family Education Center on Aging recently partnered with the Food Bank of North Central Arkansas to provide a free 6 week course of healthy cooking classes: Cooking Matters. Each class provided food safety information, healthy cooking tips and ended with participants cooking or shopping for the meals that were discussed. Each participant received groceries, cooking utensils and kitchen prep items, as well as a Walmart gift card! For more info. about upcoming events, call the RDLC at (870) 508-1765.



Jodi Bodenhamer, RN, CDE, RDLC Coordinator; Janie Austin, Cooking Matters Coordinator, Food Bank of North Central Arkansas; and Diahanne VanGulick, MFECOA Coordinator.



continued on page 4



Lights, Camera, YouTube!

Did you know that BRMC has a YouTube channel? Our team has been working hard to create new content over the last few months, and we can't wait for you to see what we have been up to! Here are some of the exciting things you can find over at [YouTube.com/BaxterRegional](https://www.youtube.com/BaxterRegional):

RN Residency: Behind the Scenes

We're more than a little proud of our RN Residency program at BRMC, and we want to share that with the whole community. Visit our channel to see a first-person view of life as an RN resident, from fast-paced trauma calls and training at work to off-duty life in the beautiful Ozarks.

Volunstories

Here at BRMC, we could not operate without our many volunteers, and we love to feature

them whenever we can. Our YouTube series Volunstories focuses on individual volunteers, diving into who they give their time and energy...to help us provide excellent care to our community. We are filming new volunteers all the time, so keep an eye out for their stories!

Heroes of BRMC

Recognizing stand-out employees has always been a priority at BRMC, but we want our community to get to know our heroes as well. Our video series Heroes of BRMC recognizes members of the BRMC family who have gone above and beyond in their roles, gives an insight into their journey at BRMC, and what they find most challenging every day. Head over to the BRMC YouTube channel to meet these Heroes and learn more about what they do for their communities.

Bargain Box 10-Year Anniversary

The Flippin Bargain Box celebrated its 10th anniversary on Saturday, August 11. For the last 10 years, our amazing volunteers have been running the show at the Flippin Bargain Box thrift and consignment store. Proceeds from this store go to the Baxter Regional

Hospital Foundation, which supports many pieces of the Baxter Regional puzzle, from the latest medical technology to healthcare scholarships to community health education through our support houses.



Join us!

Apply online at www.baxterregional.org
For more information, contact Baxter Regional Volunteer Services at (870) 508-1064 or email volserv@baxterregional.org.

Unique volunteer opportunities are now available at retail locations and in multiple hospital departments. In 2017, the Baxter Regional Medical Center Auxiliary donated 76,359 hours of service and \$367,846.72 to our hospital. THANK YOU, volunteers!



10 Years of Service

BRMC would like to extend congratulations and many thanks to Cathie Bodenhamer, who was recognized for 10 years of service on the Advisory Board for Mruk Family Education Center on Aging.



continued on page 1

Employee Fund Drive

- Mruk Family Education Center on Aging
- Peitz Cancer Support House
- Reppell Diabetes Learning Center
- Schliemann Center for Women's Health Education
- Hospice House



EFD Committee delivered snacks and prizes to all departments and outside clinics to kick-off the EFD.

Start Your BRMC Career Today

At Baxter Regional Medical Center, we are committed to creating a friendly, family work environment where our employees are encouraged to learn and grow while making a meaningful difference in the lives of our patients and surrounding community. The moment you walk through the doors at BRMC, you will notice we are different from other medical centers. Our staff is warm, friendly, compassionate, and makes you feel welcome and part of the BRMC family.

Please browse our career opportunities at brmccareers.com. Get to know us and learn about all the wonderful benefits of working at BRMC. To join our amazing team, contact Human Resources at (870) 508-3060 today.

Current BRMC Employees:

Don't forget about the Employee Referral Bonus. Refer a friend to BRMC, and you get some extra cash! For complete details, contact Human Resources or your department leader.



COMMUNITY NEWS & MORE

continued from page 3

Pink for Peitz

The 8th Annual Pink for Peitz Benefit Rodeo was held August 10-11 at the Mountain Home Saddle Club Arena. Presented by Arkansas Family Rodeo/Rand Rodeo Company and Chicks-n-Spurs Drill Team, Pink for Peitz raised \$37,000 for the Peitz Cancer Support House, which provides services free of charge to cancer patients and their loved ones. We want to give a big thank you to our Advisory Board, Sponsors, Volunteers, and community for the success!

Check out the photos from the 2018 Pink for Peitz Rodeo at <https://www.jclarestudios.com/pinkforpeitz>. Thanks to our friends at JClare Studios, 100% of the proceeds from any photos ordered from this gallery will go to the Peitz Cancer Support House.



Please call (870) 508-CARE (2273) or email pcsh@baxterregional.org for more information on the services PCSH offers.

Safe Sitter Graduates

This summer, 45 students aged 11 to 13 graduated the Safe Sitter Program, a partnership between Schliemann Center for Women's Health Education (SCWHE) and Cline Emergency Center. The 6th-8th graders learned safe and nurturing child care techniques, behavioral management skills, and appropriate responses to medical emergencies including CPR and first aid. The Safe Sitter program instructors are Ashley Owens, BSN, RN; Britney Kullman, RN; and SCWHE Coordinator Stefany Isham.

Recent BRMC Employee Story: "I wanted to brag on your Safe Sitter program. Today, while at the lake, my step-mom and boys were jumping off small cliffs. My youngest threw a rock and accidentally hit my step-mom in the head causing a pretty large gash that needed medical treatment. My oldest son said he was so glad he had been taught the skills of how to stay calm in a scary situation from the safe sitter class. My step-mom bragged that he kind of took charge of his little brother keeping him calm and was very adult acting, even though he is only 11. While he was able to get hold of my husband, my son said he was mentally preparing to call 9-1-1 like he had been taught in the class had my husband not answered. I am very thankful that he was taught so well and that this program exists. It made a very scary situation much better."

Call SCHWE at (870) 508-2345, or email Stefany Isham at sisham@baxterregional.org for more info.



Baxter Regional Medical Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-870-508-7770.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-1-870-508-7770.