



go red wearitspeakit

Heart disease is the number one killer of women, taking the life of 1 in 3 women each year and killing more than all forms of cancer combined. This means we're losing women at the rate of one per minute. These deaths are preventable, and you can help by wearing red, speaking up and uniting with millions of women to help save lives.

Baxter Regional Medical Center encourages you to make a difference and help raise heart health awareness by participating in National Wear Red Day® on Friday, February 6.

And ladies, you won't want to miss
"Girls' Night Out: Heart to Heart"
featuring cardiovascular surgeon Dr. Louis Elkins

Thursday, February 12 • 6 - 8 p.m. • BRMC Lagerborg Dining Room
This is a free event, and dinner will be provided. Space is limited, and reservations are required. Contact Jaren Beavers, SCWHE Coordinator, at (870) 508-2345 or jbeavers@baxterregional.org to reserve your spot today!

For more information about women's heart health events, visit www.baxterregional.org or call the BRMC Schliemann Center for Women's Health Education at (870) 508-2345.

Speak Red at GoRedForWomen.org/WearRedDay

#GoRed



National Wear Red Day is a registered trademark of HHS and AHA.

Schliemann
Center
for Women's
Health Education
www.baxterregional.org