



# go red wearitspeakit

Heart disease is the number one killer of women, taking the life of 1 in 3 women each year and killing more than all forms of cancer combined. This means we're losing women at the rate of one per minute. These deaths are preventable, and you can help by wearing red, speaking up and uniting with millions of woman to help save lives.

**Baxter Regional Medical Center encourages you to make a difference and help raise heart health awareness by participating in National Wear Red Day® on Friday, February 7.**

And ladies, you won't want to miss  
**"Girls' Night Out: Heart to Heart"**  
featuring cardiovascular surgeon Dr. Louis Elkins

Thursday, February 6 • 6 - 8 p.m. • BRMC Lagerborg Dining Room  
*This is a free event, and dinner will be provided. Space is limited, and reservations are required. Call or email Whitney Aleshire-Embrey, SCWHE Coordinator, at (870) 508-2345 or waleshire@baxterregional.org to reserve your spot today!*

For more information about women's heart health events, visit [www.baxterregional.org](http://www.baxterregional.org) or call the BRMC Schliemann Center for Women's Health Education at (870) 508-2345.

**Speak Red** at [GoRedForWomen.org/WearRedDay](http://GoRedForWomen.org/WearRedDay)

#GoRed



Schliemann  
Center  
for Women's  
Health Education

[www.baxterregional.org](http://www.baxterregional.org)