

National Wear Red Day®
is Friday, February 7.

GIRLS' NIGHT OUT:

Heart to Heart

with Cardiovascular Surgeon Dr. Louis Elkins
Thursday, February 6 • 6 - 8 p.m.
BRMC Lagerborg Dining Room

Heart disease is the number one killer of women, taking the life of 1 in 3 women each year and killing more than all forms of cancer combined. This means we're losing women at the rate of one per minute. These deaths are preventable, and you can help by raising awareness of heart disease and knowing its risk factors and symptoms.

Join us for "Girls Night Out: Heart to Heart" to learn more! The event is free, and dinner will be provided. Space is limited, and reservations are required. Contact Whitney Aleshire-Embrey, Schliemann Center for Women's Health Education Coordinator, at (870) 508-2345 or waleshire@baxterregional.org today to reserve your spot!



For more information about women's heart health, visit www.baxterregional.org or GoRedForWomen.org.