

National Wear Red Day®
is Friday, February 2.

GIRLS' NIGHT OUT:

heart to
heart

WITH CARDIOLOGISTS

Patrick Tobbia, MD and Otis Warr, MD

Thursday, February 8 • 6 - 8 p.m.

BRMC Lagerborg Dining Room

Heart disease is the number one killer of women, taking the life of 1 in 3 women each year and killing more than all forms of cancer combined. This means we're losing women at the rate of one per minute. These deaths are preventable, and you can help by raising awareness of heart disease and knowing its risk factors and symptoms.

Join us for **Girls Night Out: Heart to Heart** to learn more! The event is free, and dinner will be provided. Space is limited, and reservations are required. To register, visit www.baxterregional.org/events, or contact Stefany Isham, Schliemann Center for Women's Health Education Coordinator, at (870) 508-2345 or sisham@baxterregional.org.



For more information about women's heart health, visit womenshealth.gov/heart-truth or GoRedForWomen.org.

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